

THE FLYING CUPCAKE



Vegan &
Gluten Free

We offer a rotating selection of Gluten-Free Cupcakes (contain dairy) and Vegan Cupcakes (contain gluten) daily! Gluten Free AND Vegan/Dairy Free Cupcakes (no gluten or dairy/animal products) are available by advance special order.

DISCLAIMER:

- OUR GLUTEN FREE AND/OR VEGAN & DAIRY FREE PRODUCTS ARE PREPARED IN A SHARED KITCHEN WITH OTHER PRODUCTS CONTAINING GLUTEN, DAIRY, AND ANIMAL BY-PRODUCTS.
- GLUTEN FREE AND/OR VEGAN & DAIRY FREE PRODUCTS ARE PREPARED ON SHARED EQUIPMENT (SANITIZED BETWEEN USE) WITH OTHER PRODUCTS CONTAINING GLUTEN, DAIRY, AND ANIMAL BY-PRODUCTS.
- EVERYTHING WE BAKE CONTAINS SOY.
- WE CANNOT GUARANTEE THESE PRODUCTS WILL NOT CONTAIN TRACE AMOUNTS OF GLUTEN, DAIRY, AND/OR ANIMAL BY-PRODUCTS AS THERE IS RISK FOR CROSS CONTAMINATION.
- WE ARE NOT MEDICALLY TRAINED TO GIVE ADVICE ON WHETHER OUR PRODUCTS MEET YOUR DIETARY NEEDS! CONSULT WITH YOUR OWN HEALTHCARE PROVIDER FOR GUIDANCE AND ADVICE.
- NUT ALLERGIES: ALL PRODUCTS ARE PREPARED IN A SHARED KITCHEN ON SHARED EQUIPMENT WITH PRODUCTS CONTAINING NUTS. WE CANNOT GUARANTEE THAT THESE PRODUCTS DO NOT CONTAIN TRACES OF NUTS.

Gluten Free



G.F. Happy Birthday Vanilla: Gluten-free vanilla cake topped with vanilla buttercream. *contains dairy*
Available in Regular and mini size

G.F. Happy Birthday Chocolate: Gluten-free chocolate cake topped with our chocolate fluff buttercream. *contains dairy*
Available in Regular and mini size

G.F. Almond: Gluten-free version of our *Here Comes the Bride* almond wedding cake topped with almond buttercream. *contains dairy*
Available in Regular and mini size

G.F. Lemon: Gluten-free lemon cake topped with lemon buttercream. *contains dairy*
Available in Regular and mini size

G.F. Strawberry: Gluten-free strawberry cake topped with cream cheese icing. *contains dairy*
Available in Regular or mini size

G.F. Pumpkin: (available September-February) Gluten-free pumpkin cake topped with cream cheese icing. *contains dairy*
Available in Regular or mini size

Vegan



Vegan Happy Birthday Vanilla: The vegan version of our famous vanilla cake topped with vegan vanilla buttercream. *contains gluten*
Available in Regular or mini size

Vegan Happy Birthday Chocolate: Vegan chocolate cake topped with a swirl of vegan chocolate buttercream. *contains gluten*
Available in Regular or mini size

Vegan Almond: The vegan version of our *Here Comes the Bride* almond wedding cake topped with vegan almond buttercream. *contains gluten*
Available in Regular or mini size

Vegan Lemon: Delicious vegan lemon cake topped with vegan lemon buttercream. *contains gluten*
Available in Regular or mini size

Vegan Spiced Hot Chocolate: Our vegan chocolate cake with a dash of cinnamon and cayenne pepper, topped with chocolate vegan buttercream. *contains gluten*
Available in Regular and mini size

Vegan Chai Tea: Vegan chai spice cake topped with vegan vanilla-chai buttercream. *contains gluten*
Available in Regular and mini size

Combined
**Vegan &
Gluten Free**



GF/V Happy Birthday Vanilla: Vegan & gluten free vanilla cake topped with vegan vanilla buttercream.
Available in Regular or Mini Size

GF/V Happy Birthday Chocolate: Vegan & gluten free chocolate cake topped with vegan chocolate buttercream.
Available in Regular or Mini Size

GF/V Ol' Ball and Chain: The vegan and gluten-free version of our *Here Comes the Bride* almond wedding cake topped with vegan almond buttercream.
Available in Regular size or Mini Size

GF/V Pucker Up Remix: Vegan & gluten free lemon cake topped with vegan lemon buttercream.
Available in Regular or Mini Size

GF/V Cinnamon Toast: Vegan & gluten free cinnamon-sugar cake topped with a vegan cinnamon buttercream.
Available in Regular Size Only

GF/V Oatmeal Cream Pies: You won't believe your eyes! Two gluten-free oatmeal cookies with vegan cinnamon buttercream sandwiched between.